



# Citywide Aquatics Program

Fair Swim Center, 1350 Bacchus Dr.

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## Camden Pool

3369 Union Avenue, 408-369-6441

Minimum Height Requirement: 42"

### Camden Pool-Lap Swim

- Open to adults. Mature teens at least 13 years of age may also swim when the session is not full, if accompanied by an adult 18 years or older for the duration of use.
- No children allowed at pool side while adults use the facility.
- At selected times fewer than eight lanes may be available.
- Center is not responsible for lost or misplaced passes.
- No food, drinks or smoking allowed on the pool deck.
- Kickboards, hand paddles, etc., are available for use.
- Bring your own towel, lock and amenities.
- We reserve the right to refuse entry.

**Hours:** Monday - Friday: 6:30-8:30am, 11:30am-1:30pm, 5:30-7:30pm  
Saturday: 9:00-11:00am

**One time drop-in:** Adults - \$3.50 • Senior/Youth/Disabled - \$2.25

**10 visit pass:** Adults - \$27.50 • Senior/Youth/Disabled - \$18.00

### Water Fitness

**\$120(m/w/f) & \$82 (m/w)**

This is a high-energy exercise class, which promotes cardio endurance and muscle strengthening with the use of interval training, flotation equipment and resistance training.

No Class: 10/13

Course#	Day	Date	Time	Age	Mtg.	Loc.
403.2.501	M/W/F	9/8-11/21	9:30-10:15am	18+	32	CM
403.2.503	M/W	9/8-11/19	6:00-6:45pm	18+	21	CM

## Fair Swim Center

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Minimum Height Requirement: 36"

### Lifeguard Training

**\$170**

Includes First Aid and CPR for the Professional Rescuer. This class is designed to prepare individuals to recognize aquatic emergencies, act promptly and appropriately, perform rescues and techniques used by lifeguards, and perform First Aid and CPR. **Prerequisites:** 15 years old, swim 500 yards continuously, and retrieve and object from 7 ft. of water. Full attendance is mandatory for certification. Fee includes class materials. Bring ID, swimsuit and towel to class.

Course #	Day	Date	Time	Age	Mtg.	Loc.
402.2.101	M/W	9/29-10/11	5:00-9:00pm	15+	6	FSC
	Sa	10/4 & 10/11	9:00am-5:00pm			

### Water Safety Instructor

**\$190**

Includes fundamentals of Instructor training. This class is designed to teach participants the skills to be a successful swimming instructor. Participants will learn how to evaluate student's progress, plan effective swim lessons, and make accommodations for students with disabilities. **Prerequisite:** 16 years old and successful completion of pre- course test. Full attendance is mandatory for certification. Fee includes class material. Bring ID, swimsuit and towel to class.

Course #	Day	Date	Time	Age	Mtg.	Loc.
402.2.102	T/Th	10/21-11/1	5:00-9:00pm	16+	6	FSC
	Sa	10/25 & 11/1	9:00am-5:00pm			

